

Team up with Ireland's first ever sports health insurance plan
and you could win a ski trip for 10!



New One Plan Sport **from Vhi Healthcare**

Whether you're at the gym five nights a week or just go for a friendly kick about on a Sunday morning One Plan Sport is designed for you; with access to sports physician consultations, physio visits, a **free** fitness screening and lots more. You'll be amazed at what One Plan Sport can do for you and your game.



Learn more >



Enter Competition and
you could win a ski trip for 10!

To celebrate the launch of One Plan Sport we have an amazing sporty ski holiday for you and 9 friends up for grabs! To win all you have to do is field the right fantasy team! Choose your star players for the ski trip from your Facebook mates and all of you could be jetting off for a 7-night luxury stay in the fantastic Val d'Isère resort in France.

Pick your team >